

LIFE TIME – HOLLADAY, UT**Proposal Request #08 Narrative**

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Date: September 18th, 2026

Proposal Request Summary:

(CE#019) - PR-08 – July PCNs.

This Proposal Request consists of this (6) page narrative form and the following attachments:

8 ½" x 11" ATTACHMENTS

Specifications: 05 73 13, 09 65 20, 10 14 00, 13 24 16, 13 11 46, 22 40 00

FULL SHEET ATTACHMENTS

Civil: C1.01, C4.00, C5.01, C5.02

Landscaping: L2.01 L2.02, L3.01

Architecture: AS100, AS101, AS500, A101, A200, A401-1, A401-4, A401-5, A401-6, A431-1, A431-3, A431-4, A432-1, A471-1, A471-3, A471-7, A540, A572, A573, A630

Structural: S020

Electrical: E101, E204, E701

Aquatics: AQ000, AQ400, AQ405, AQ475, AQ561

SPECIFICATIONS**SECTION 05 73 13-PROTO-GLAZED DECORATIVE METAL RAILINGS**

PR#8.1 Revise Part 2 Products. (PCN-26-066)

PR#8.2 Revise Part 3 Execution. (PCN-26-066)

SECTION 09 65 20-SCHED-RESILIENT FLOORING – SCHEDULE

PR#8.3 Revise Schedule. (ACN-26-030)

SECTION 10 14 00-PROTO-SIGNAGE

PR#8.4 Revise 2.02 Sign Materials: Exterior Building Facades & Pool Areas. (PCN-26-063)

SECTION 13 24 16-PROTO-SAUNAS

PR#8.5 Revise 3.03 Installation of Precut Saunas. (ACN-26-029)

SECTION 13 11 46 – SWIMMING POOL EQUIPMENT & ACCESSORIES

PR#8.6 Revise 2.10 Accessibility Equipment. (PCN-26-069)

PR#8.7 Add P. Acid Fume Scrubber to 2.04 Pool Process Equipment (PCN-26-068)

SECTION 22 40 00 – PLUMBING FIXTURES

PR#8.8 Revise Part 2 Products. (ACN-26-036)

CIVIL

SHEET C1.01 – OVERALL CIVIL SITE PLAN

(ATTACHED)

- PR#8.9 Revised private drive to be asphalt instead of concrete.
PR#8.10 Revised keyed not for ADA ramp to call for warning surface to be cast iron finish to match center.

SHEET C4.00 – SITE UTILITY PLAN

(ATTACHED)

- PR#8.11 Revised power conduit note to refer to Rocky Mountain Power for quantity and size of conduits.
PR#8.12 Revised telecom note to be (2) 4” conduits.

SHEET C5.01 – MISCELLANEOUS CIVIL DETAILS

(ATTACHED)

- PR#8.13 Added asphalt pavement section.
PR#8.14 Revised Concrete Vehicular Ramp to refer to asphalt pavement in drive, instead of concrete.

SHEET C5.02 – APWA STANDARD PLANS

(ATTACHED)

- PR#8.15 Revised Detectable Warning Surface plan to call for warning surface be to cast iron finish to match center.

LANDSCAPING

SHEET L2.01 - LANDSCAPE PLANTING PLAN

(ATTACHED)

LANDSCAPE SCHEDULE

- PR#8.16 Revise Shrubs. (Owner Change)
PR#8.17 Revise Shrubs. (Owner Change)
PR#8.18 Revise Ornamental Grasses. (Owner Change)

SHEET L2.02 - LANDSCAPE IRRIGATION PLAN

(ATTACHED)

- PR#8.19 Revise Irrigation Design. (Owner Change)
PR#8.20 Revise Emitter Schedule. (Owner Change)
PR#8.21 Revise Lawn Circuit Control Valve locations. (Owner Change)

SHEET L3.01 - PLANTING DESCRIPTIONS

(ATTACHED)

- PR#8.22 Revise Shrubs. (Owner Change)
PR#8.23 Revise Shrubs. (Owner Change)
PR#8.24 Revise Ornamental Grasses. (Owner Change)

ARCHITECTURE

SHEET AS100 - SITE PLAN

(ATTACHED)

KEYNOTE LEGEND

- PR#8.25 Revise Keynote. (Clarification)

SHEET AS101 - ENLARGED SITE PLAN - OUTDOOR POOL DECK

(ATTACHED)

DETAIL A1 - ENLARGED PLAN - MEN'S & FAMILY LOCKER

- PR#8.26 Add plan callout. ()
DETAIL A2 - ENLARGED SITE PLAN - POOL DECK
PR#8.27 Revise keynote. ()
KEYNOTE LEGEND
PR#8.28 Revise Keynote. ()

SHEET AS500 - SITE DETAILS - OUTDOOR POOL DECK

(ATTACHED)

DETAIL C5 - SECTION DETAIL: LAP TIMER PIER

- PR#8.29 Revise detail in its entirety. ()
PR#8.30 DETAIL C6 - ELEVATION: LAP TIMER PIER
PR#8.31 Revise detail in its entirety. ()

SHEET A101 - FLOOR PLAN - FIRST FLOOR	(ATTACHED)
DETAIL A2 - FLOOR PLAN - FIRST FLOOR	
PR#8.32 Revise door size. (Owner Change)	
PR#8.33 Revise door type. (Owner Change)	
SHEET A200 - EXTERIOR ELEVATION	(ATTACHED)
DETAIL D1 - EXTERIOR ELEVATION - WEST	
PR#8.34 Revise door size. (Owner Change)	
PR#8.35 Revise door type. (Owner Change)	
SHEET A401-1 - ENLARGED PLAN - ENTRY VESTIBULE, RECEPTION & LIFE TIME KIDS	(ATTACHED)
DETAIL A1 - ENLARGED PLAN - ENTRY, RECEPTION & LT KIDS	
PR#8.36 Revise door size. (Owner Change)	
SHEET A401-4 - ENLARGED PLAN - WOMEN'S LOCKER	(ATTACHED)
DETAIL A1 - ENLARGED PLAN - WOMEN'S LOCKER	
PR#8.37 Revise door type. (Owner Change)	
SHEET A401-5 - ENLARGED PLAN - MEN'S LOCKER, FAMILY LOCKER & WET SPA	(ATTACHED)
DETAIL A1 - ENLARGED PLAN - MEN'S & FAMILY LOCKER	
PR#8.38 Add plan callout. ()	
PR#8.39 Add plan callout. ()	
PR#8.40 Add plan callout. ()	
SHEET A401-6 - ENLARGED PLAN - TOILETS	(ATTACHED)
DETAIL D1 - ENLARGED PLAN - FAMILY LOCKER ROOM ADA CHANGING	
PR#8.41 Add plan callout. ()	
DETAIL D2 - ENLARGED PLAN - ENLARGED KIDS RESTROOM	
PR#8.42 Revise detail. ()	
SHEET A431-1 - ENLARGED FINISH PLAN - ENTRY VESTIBULE, RECEPTION & LIFE TIME KIDS	(ATTACHED)
DETAIL A1 - ENLARGED FINISH PLAN - ENTRY VESTIBULE, RECEPTION & LIFE TIME KIDS	
PR#8.43 Revise finish. ()	
PR#8.44 Revise finish. ()	
PR#8.45 Revise finish. ()	
PR#8.46 Revise finish. ()	
PR#8.47 Revise finish. ()	
SHEET A431-3 - ENLARGED FINISH PLAN - PILATES, CTR, YOGA & MOVEMENT	(ATTACHED)
DETAIL A1 - ENLARGED FINISH PLAN - MOVEMENT, CTR & PILATES	
PR#8.48 Revise finish. ()	
PR#8.49 Revise finish. ()	
SHEET A431-4 - ENLARGED FINISH PLAN - WOMEN'S LOCKER	(ATTACHED)
DETAIL A1 - ENLARGED FINISH PLAN - WOMEN'S LOCKER	
PR#8.50 Revise finish. ()	
PR#8.51 Revise finish. ()	
PR#8.52 Revise finish. ()	
PR#8.53 Revise finish. ()	
SHEET A432-1 - ENLARGED FINISH PLAN - GROUP & GTX	(ATTACHED)
DETAIL A1 - ENLARGED FINISH PLAN - GROUP & GTX	
PR#8.54 Revise finish. ()	

SHEET A471-1 - INTERIOR ELEVATIONS - ENTRY VESTIBULE, RECEPTION & LIFE TIME KIDS (ATTACHED)

DETAIL A2 - STUDIO - ACTIVITY - KA123 - NORTH

PR#8.55 Revise finish. ()

PR#8.56 Revise finish. ()

DETAIL A3 - STUDIO - ACTIVITY - KA123 - EAST

PR#8.57 Revise finish. ()

PR#8.58 Revise finish. ()

DETAIL A4 - STUDIO - ACTIVITY - KA123 - SOUTH

PR#8.59 Revise finish. ()

PR#8.60 Revise finish. ()

DETAIL A5 - STUDIO - ACTIVITY - KA123 - WEST

PR#8.61 Revise finish. ()

PR#8.62 Revise finish. ()

DETAIL B1 - CIRC - KA182 - NORTH

PR#8.63 Revise finish. ()

DETAIL B2 - KIDS GYM - KA125 - NORTH

PR#8.64 Revise finish. ()

DETAIL B3 - KIDS GYM - KA125 - EAST

PR#8.65 Revise finish. ()

DETAIL B4 - KIDS GYM - KA125 - SOUTH

PR#8.66 Revise finish. ()

DETAIL B5 - KIDS GYM - KA125 - WEST

PR#8.67 Revise finish. ()

DETAIL C1 - TODDLER - KA104 - NORTH

PR#8.68 Revise finish. ()

PR#8.69 Revise finish. ()

PR#8.70 Revise finish. ()

DETAIL C2 - TODDLER - KA104 - SOUTH

PR#8.71 Revise finish. ()

DETAIL C3 - CHECK IN - KA102 - NORTH

PR#8.72 Revise finish. ()

DETAIL C4 - CHECK IN - KA102 - EAST

PR#8.73 Revise finish. ()

SHEET A471-3 - INTERIOR ELEVATIONS - PILATES, YOGA & MOVEMENT (ATTACHED)

DETAIL B1 - STUDIO - MOVEMENT - KA120 - NORTH

PR#8.74 Revise finish. ()

SHEET A471-7 - INTERIOR ELEVATIONS - TOILETS & SHOWERS (ATTACHED)

DETAIL E6 - ALL GENDER - KA190 - WEST

PR#8.75 Revise detail. ()

SHEET A540 - GRAND STAIR DETAILS (ATTACHED)

DETAIL A3 - GRAND STAIR SECTION AT GUARDRAIL

PR#8.76 Revise note. ()

PR#8.77 Revise note. ()

DETAIL A4 - SECTION GUARD RAIL DETAIL

PR#8.78 Revise note. ()

PR#8.79 Revise note. ()

DETAIL A5 - SECTION: GRAND STAIR BASE DETAIL

PR#8.80 Revise detail. ()

DETAIL C6 - SECTION: TYPICAL TREAD AND RISER

PR#8.81 Add annotation. ()

PR#8.82 Add dimension. ()

PR#8.83 Add dimension. ()

DETAIL D5 - SECTION GUARD RAIL AT LANDING

PR#8.84 Revise detail annotations. ()

DETAIL D6 - SECTION GUARDRAIL AT SECOND FLOOR

PR#8.85 Remove detail in its entirety. ()
DETAIL E5 - SECTION GUARDRAIL AT SECOND FLOOR
PR#8.86 Remove detail in its entirety. ()
DETAIL E6 - STRINGER AT FIRST FLOOR
PR#8.87 Revise notes. ()
PR#8.88 Revise view name. ()

SHEET A573 - VANITY DETAILS

(ATTACHED)

DETAIL A3 - TYPICAL LOCKER ROOM LAVATORY HSS SUPPORT
PR#8.89 Revise detail. ()
DETAIL A4 - TYPICAL APRON AND BRACKET AT VANITY
PR#8.90 Revise detail. ()
DETAIL A5 - SECTION: LAVATORY W/ APRON AT METAL STUD WALL
PR#8.91 Revise detail. ()
DETAIL B1 – LAVATORY AT FAMILY LOCKER
PR#8.92 Remove detail in its entirety. ()
DETAIL B3 - SECTION: LIFE TIME KIDS LAVATORY
PR#8.93 Revise detail. ()
DETAIL B5 - SECTION: LOCKER ROOM LAVATORY W/ APRON AT CMU WALL
PR#8.94 Revise detail. ()
DETAIL C1 - TYPICAL LOCKER ROOM LAVATORY W/ APRON AT CMU WALL
PR#8.95 Add detail in its entirety. ()
DETAIL C5 - SECTION: LAVATORY AT FAMILY LOCKER ROOM
PR#8.96 Revise detail. ()
DETAIL D2 - LAVATORY PLAN AT FAMILY LOCKER
PR#8.97 Revise detail. ()
DETAIL D3 - PLAN: LAVATORY AT FAMILY LOCKER ROOM
PR#8.98 Revise detail. ()
DETAIL E5 - SECTION: TOILET LAVATORY
PR#8.99 Revise detail. ()
DETAIL E6 - PLAN: AT TYPICAL VANITY
PR#8.100 Revise detail. ()

SHEET A578 - INTERIOR DETAILS - LOCKER CORE

(ATTACHED)

DETAIL D1 – SECTION DETAIL SHOWER AREA DRAIN
PR#8.101 Add detail. (Clarification)
DETAIL D2 – SECTION DETAIL SHOWER AREA DRAIN
PR#8.102 Add detail. (Clarification)

SHEET A630 - DOOR SCHEDULE, DOOR & FRAME TYPES, ALUMINUM FRAME TYPES

(ATTACHED)

DOOR SCHEDULE
PR#8.103 Revise door size. (Owner Change)
PR#8.104 Revise door type. (Owner Change)
PR#8.105 Revise door type. (Owner Change)

STRUCTURAL

SHEET S020 – STRUCTURAL SITE DETAILS

(ATTACHED)

DETAIL 5 – LAP TIE FOUNDATION DETAIL
PR#8.106 Revise detail. (PCN-26-063)

ELECTRICAL

SHEET E101 – LIGHTING PLAN – FIRST FLOOR

(ATTACHED)

DETAIL 1 – LIGHTING PLAN – FIRST FLOOR

PR#8.107 Sauna AQ107 – Revise lighting layout.

SHEET E204 – FITNESS EQUIPMENT POWER PLAN – SECOND FLOOR

(ATTACHED)

DETAIL 1 – FITNESS EQUIPMENT POWER – SECOND FLOOR

PR#8.108 Cardio PT218 – Revise raceway layout.

SHEET E701 – LIGHT FIXTURE SCHEDULE

(ATTACHED)

PR#8.109 Revise fixture type C. Add fixture type CB.

AQUATICS

SHEET AQ000 - AQUATIC COVER SHEET

(ATTACHED)

EQUIPMENT LIST – GENERAL POOL EQUIPMENT

PR#8.110 Item #11: add Prominent acid fume scrubber

SHEET AQ400 - ENLARGED PLAN AND SECTIONS - OUTDOOR LAP POOL

(ATTACHED)

EQUIPMENT LIST – OUTDOOR LAP POOL EQUIPMENT

PR#8.111 Item #17: revise ADA lift part number, manufacturer and description.

SHEET AQ405 - ENLARGED PLAN AND SECTIONS - OUTDOOR LEISURE POOL

(ATTACHED)

EQUIPMENT LIST – OUTDOOR LAP POOL EQUIPMENT

PR#8.112 Item #17: revise ADA lift part number, manufacturer and description.

DETAIL 1 – OUTDOOR LEISURE POOL PLAN

PR#8.113 Revise ADA lift model.

DETAIL 3 – OUTDOOR LEISURE POOL PLAN

PR#8.114 Revise ADA lift model.

SHEET AQ475 - ENLARGED PLAN – MECHANICAL ROOM

(ATTACHED)

EQUIPMENT SCHEDULE – CHEMICAL FEED SYSTEM SCHEDULE

PR#8.1 Add CF-14 and CF-15 outdoor pool acid scrubber and indoor spa acid scrubber

PR#8.2 DETAIL 1 – MECHANICAL ROOM LAYOUT – FIRST FLOOR

PR#8.3 Add CF-14 and CF15 to acid storage room

SHEET AQ561 - PROCESS AND EQUIPMENT DETAILS

(ATTACHED)

DETAIL 12 – LIQUID ACID CARBOY

PR#8.4 Add acid fume scrubber

END OF PROPOSAL REQUEST #8 – NARRATIVE

LOCATED IN THE NE 1/4 OF SECTION 9 & NW 1/4 OF SECTION 10.
SALT LAKE BASE AND MERIDIAN



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GENERAL NOTES: CONTINUED

1.7 UTILITIES

- ## 1.7 UTILITIES

SUB-CONTRACT
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SUB-CONTRACT

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7. STORM SEWER
STANDARDS #

- STANDARD 8
-
8. ALL STUDENTS...

3. CONTRACTOR MOMENTS

- ### 3. CONTRACTOR MOMENTS

1.7 UTILITIES

- ## 1.8 SURVEY C

CONTRACTOR
SUPERVISION
GRADE OF EX

- MARKED WITH
CUTS AND/OR
REVISIONS

CONTRACTOR
MOMENTS /

- CONTRACTOR
-
- MOMENTS /

LEGEND

10

100

Introduction

LIFE TIME - HOLLADAY
1975 E. RODEO WALK DRIVE
HOLLADAY CITY, UTAH 84117
LOCATED IN THE NE 1/4 OF SECTION 9 & NW 1/4 OF SECTION 10

CO.01

